

PRE-OPERATIVE INSTRUCTIONS:

IV Sedation/General Anesthesia



MURPHY OMS

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IV sedation can make your experience much more comfortable and help you relax for your procedure. Essentially IV sedation is an induced sleep and is very safe. However, there are some very important instructions we would like you to follow to make your experience safe:

- **Do not eat or drink anything for at least 6 hours prior to your scheduled procedure.**
 - Typically this means you should have **nothing to eat or drink after midnight** prior to your procedure. If you forget and ingest food or drink please inform us immediately so we can reschedule your appointment. This is for your safety.
 - If you take medications in the morning on a daily basis please inform us. Dr. Murphy can determine if these medications can be taken with a sip of water 2 hours prior to the procedure or if the medications can be skipped until a later time.
- **Someone must remain in the office during the procedure & drive you home**
 - You can only be released in the care of a capable, reasonable adult who will drive you home and be able to watch over you for 6 hours after the procedure.
- **If you are sick with a cold, cough, or the flu please call us so we can reschedule.**
 - If you are sick and in pain we can help alleviate your discomfort by other means.
- **Please wear a short sleeve shirt and loose casual clothing.**
 - A short sleeve shirt allows us to place our monitors, IV and blood pressure cuff.
 - You are welcome to wear a jacket or sweatshirt that can be removed; we have a warm blanket for your comfort.
- **If reasonable please remove nail polish or acrylic nails.**
 - These inhibit our monitoring of your blood oxygen status.
- **Contact lenses should be removed before the procedure.**
 - Contacts can damage the eyes under anesthesia so for your safety please wear eye glasses to your appointment.
- **Please leave all jewelry and valuables at home.**
 - This is to protect from the unfortunate event of the valuable getting lost or misplaced during your appointment.
- **If you have insurance, please bring your card to the appointment**
 - While scheduling your appointment over the telephone it is very helpful to relay information about your insurance, your insurance carrier, and your policy number as it will greatly assist in the appointment process.